

SAVE THE DATE

Restoring Ourselves, Reconnecting with Others

*Join us for the 2022 Annual Medical Staff Wellness Forum
Hosted by Fraser Health Medical Staff Wellness Committee*



Zoom Workshops

5:30 PM - 7:00 PM

Thursday, November 3rd

Tuesday, November 8th

Wednesday, November 16th

In-person at Meadow Gardens:

Thursday, November 24th

Join us for interactive discussions on Healing, Strength Through Vulnerability, How to Say No (With Joy). The live event on November 24th will be an opportunity to connect, share, and dine together.

More details to follow!

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