

JCC Community-Based Experiential Learning Sessions

The Joint Collaborative Committees (JCCs) in partnership with <u>Len Pierre Consulting</u> and local First Nations have been hosting community-based experiential learning sessions for physicians across British Columbia since 2022.

During these sessions, physicians will experience:

- Cultural safety teachings through interactive, "circle and the box" learning
- > A shared meal, traditional welcome, history, and stories.
- A deeper understanding of residential school trauma.
- Connections with local health staff and providers.
- The opportunity for on-going learning and relationship-building between participants and Indigenous communities.

Content Advisory:

In these sessions, themes of colonial genocide, systematic separation from Indigenous identity, land and culture and the resulting mental and physical health disparities, will be discussed. These themes may surface personal stories and participants are encouraged to prepare to hear this difficult journey.

Physician sessional time, a meal, and mileage exceeding 50km one-way is provided by the JCCs. For more information, please contact jcc@doctorsofbc.ca.

Facilitators

Len Pierre Consulting || www.lenpierreconsulting.com



LEN PIERRE (HE/HIM)

CEO, Len Pierre Consulting

Len Pierre is Coast Salish from Katzie (kate-zee) First Nation. Len is an educator, consultant, TEDx Speaker, social activist, change agent, & traditional knowledge keeper. He has a master's degree in education from Simon Fraser University focusing on Indigenous curriculum and instructional design. He specializes in the development of educational programs and services with decolonization and reconciliation as its core values. He comes to us with an open heart and open mind and hopes to be received in the same

Doctors of BC ISAR & CS Staff



GRACIE KELLY, B.Ed., MTBL

Liaison, Indigenous-Specific Anti-Racism & Cultural Safety Doctors of BC

The'wali, Tselxwéyeqw, Stó:lõ.

Gracie has spent many years working in Health and Education, supporting Indigenous communities and health practitioners alike. Gracie enjoys sharing gifts of her Stó:lõ culture through workshops, webinars, & cultural teachings. Before joining Doctors of BC, Gracie worked for the Chilliwack Division of Family Practice.



KARI CHAMBERS, B.A. Anthropology/First Nations Studies Project Coordinator, Indigenous-Specific Anti-Racism & Cultural Safety Doctors of BC

Kari is of settler descent from East Vancouver but now makes her home on the unceded lands of the Skwxwú7mesh Nation, near the ancient village of St'á7mes. Kari completed an Anthropology degree from UBC in First Nations Studies and her previous work includes the Tsleil-Waututh Nation, the Sea to Sky Division of Family Practice and the Squamish General Hospital MSA.





Learning Session Content Advisory

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Doctors of BC Physician Health Program (PHP): 1-800-663-6729 Accessible 24/7 confidential help is available to physicians, residents, medical students, and their families.

<u>The KUU-US Crisis Line</u>: 1-800-588-8717 Support provided to Indigenous people throughout the province of British Columbia.

<u>Métis Crisis Line BC</u>: 1-833-638-4722 Support for Métis people throughout the province of British Columbia.

<u>Hope for Wellness Help Line</u>: 1-855-242-3310 or hopeforwellness.ca for online chat. Available to all Indigenous people across Canada.

Lamathut Crisis Line: 1-800-721-0066

The Indian Residential School Survivors Society operates a 24-hour crisis line to support survivors and families across British Columbia and beyond.

<u>The National Indian Residential School Crisis Line:</u> 1-866-925-4419 Provides 24-hour crisis support to former Indian Residential School students and their families. <u>Suicide Crisis Hotline</u>: 988 (Call or text).

If you or someone you know is thinking about suicide, call or text 9-8-8. Support is available 24 hours a day, 7 days a week.

