

REGIONAL MEDICAL STAFF WELLNESS GRAND ROUNDS  
PRESENTS

HOSTED BY FRASER HEALTH MEDICAL STAFF WELLNESS COMMITTEE

# Tools to Face Moral Distress and Ethical Dilemmas in Your Practice

**Kristina Kekesi-Lafrance, LLB, LLM**  
Clinical Ethicist, Ethics Services

**Objectives:**

- Recognize and describe moral distress in clinical practice
- Identify practical tools and strategies for addressing moral distress
- Engage in collaborative ethical reflection and discussion
- Reflect on the emotional and relational impacts of ethical challenge
- Recognize how moral distress affects clinicians' well-being, team dynamics, and quality of care

**Wednesday, March 4, 2026**

**6:30 pm - 7:30 pm**

**VIA ZOOM**

Scan to join



Meeting ID: 894 3447 1345  
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presenter's bio



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### **Kristina Kekesi-Lafrance, LLB, LLM**

Kristina has been a member of the Quebec Bar since 2018. She began her career as a lawyer in an international firm in Montreal before turning to bioethics. After completing her Master's of Law and Bioethics at McGill, she joined McGill's Centre of Genomics and Policy as an academic associate, focusing on ethical and legal issues in genomics, with particular interests in reproductive health, gene therapy, and family law. She has served as the legal representative on several research ethics committees and worked as a clinical ethicist for the Montreal West Island Integrated University Health and Social Services Centre. Kristina has presented at numerous international conferences and enjoys engaging with students in Law, Medicine, Nursing and Public Health across Quebec and BC as a guest lecturer. She is also an adjunct professor at SFU's Faculty of Health Sciences. Kristina relocated to the West Coast in 2024.